

# Chapel Road PS

## Winter Menu 2020/2021

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b> 2nd Nov 30th Nov 4th Jan 1st Feb 1st March 29th Mar	Oven Baked Sausages Irish Stew Baked Beans/ Carrots Mashed Potatoes Flakemeal Biscuits / Fruit Custard	Chicken Curry & Rice Breaded Fish Peas Mashed Potatoes Fruit Muffin / Fruit Custard (RMF)	Roast Meat Dinner Stuffing & Gravy Dry Oven Roast / Mashed Potatoes Cabbage / Carrots Fruit Salad Ice Cream (H)	Spaghetti Bolognaise Savoury Pizza Broccoli Herb Diced/Creamed Potatoes Fruit Biscuits & Cheese	Chicken Goujons Savoury Panini Greenbeans Chips / Mashed Potato Queen Cake / Fruit Milkshake
<b>Week Two</b> 9th Nov 7th Dec 11th Jan 8th Feb 8th Mar	Oven Baked Fish Cheese / Chicken Paninis Peas Mashed Potatoes Sponge & Custard Fruit (RMF)	Chicken Curry & Rice Oven Baked Sausages Mixed Vegetables, Mashed / Baked Potatoes Fruit Muffin / Fruit Custard (RMF)	Roast Turkey Stuffing & Gravy Dry Oven Roast / Mashed Potatoes Baton Carrots/Cabbage Wholemeal Biscuits Fruit / Milkshake (RMF) (H)	Cottage Pie Cheese & Tomato Pizza Baked Beans / Broccoli Oven Dice/ creamed potato Rice Pudding & Fruit Cheese & Biscuits (H)	Home Made Beef Burger & Bap Savoury Pasta Bake Sweetcorn / Green Beans Chips / Mashed Potatoes Ice Cream / Fruit
<b>Week Three</b> 16th Nov 14th Dec 18th Jan 15th Feb 15th Mar 6th Apr	Spaghetti Bolognaise Oven Baked Chicken Nuggets Carrots Mashed Potatoes Fruit Salad Yoghurt /Custard	Filled Baguettes / Paninis Oven Baked Beef Burgers & Onion Gravy Peas / Sweetcorn Herb Dice / Mashed Potato Flakemeal Biscuit / Fruit Custard (H)	Roast Loin of Pork Stuffing & Gravy Dry Oven Roast / Mashed Potatoes Cabbage / Carrots Cheese & Biscuit Fruit (H) (RMF)	Chicken Curry & Rice Oven Baked Fish Sweetcorn / Peas Mashed Potatoes Chocolate Cookie / Fruit Milkshake (RMF)	Hot Dogs Lasagne Baked Beans / Carrots Coleslaw Chips / Mashed Potatoes Ice Cream / Fruit
<b>Week Four</b> 23rd Nov 21st Dec 25th Jan 22nd Feb 22nd Mar	Oven Baked Fish Cheese & Tomato Pizza Broccoli / Carrots Mashed Potatoes Flakemeal Biscuit / Fruit Custard (RMF)	Chicken Goujons Cottage Pie / Gravy Green Beans/Mixed Vegetables Mashed potato Sponge & Custard	Roast Gammon Stuffing & Gravy Dry Oven Roast / Mashed Potatoes Cabbage / Carrots Queen Cake / Fruit Milkshake (H)	Beef Burger & Bap Chicken Curry & Rice Mixed Vegetables Oven Dice / Mashed Potatoes Fruit Muffins / Fruit Custard (H)	Oven Baked Sausages Pasta Bake Baked Beans / Peas & Sweetcorn Chips / Mashed Potato Frozen Yoghurt (RMF)

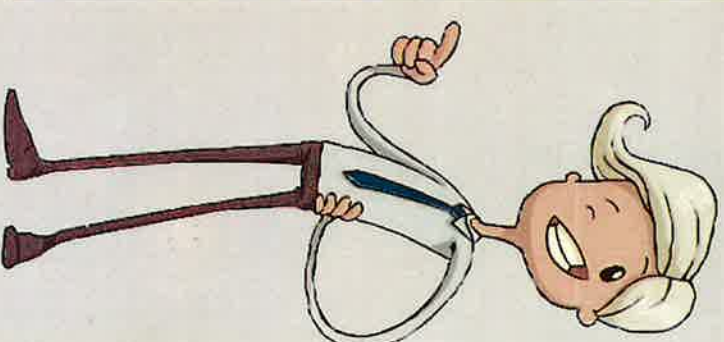
**School  
food**

Try Something New today

[www.schoolfoodni.com](http://www.schoolfoodni.com)

Bread, salad, fruit,  
yoghurt, milk and  
water

If you require any additional  
information on allergens or  
special diet please contact  
the school in the first  
instance



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